

To cite this presentation:

Michael Koon Boon Tan, Chao Min Tan, Soon Guan Tan, Joanne Yoong & Brent Gibbons (2020, July 21). The Arts and Health in Singapore: Growth, Gaps and Goals [Conference Presentation]. Arts and Culture Research Symposium 2020, Singapore



Dr Joanne Yoong

NAC Research Symposium 2020

Image: Annie Spratt

Background Study

Connecting the Dots

State of Arts and Health Development in Singapore: Practice, Policy, Capability Development

Michael Tan (Principal Investigator) Study Team Brent Gibbons Tan Chao Min Tan Soon Guan Joanne Yoong

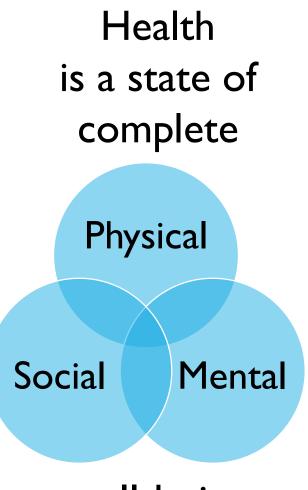
Supported by: Singapore Ministry of Education Academic Research Fund Tier 1 (Grant number: 2018-T1-001-060



School of Art, Design and Media College of Humanities, Arts, and Social Sciences



Saw Swee Hock School of Public Health



well-being

(and not merely an absence of disease or infirmity)



0



Arts and health is a diverse, multidisciplinary field dedicated to transforming health and the healthcare experience through the arts, by integrating literary, performing, and visual arts and design, and other forms of creative expression into a variety of healthcare and community settings (NOAH, 2017) SONNY LIEW

TIC

INUS

THE

Sew Swee Hock School of Public Health

A ground-up inclusive arts movement that empowers children from diverse backgrounds through the arts, social mixing and purposeful programming.

rher



Scoping exercise and literature review



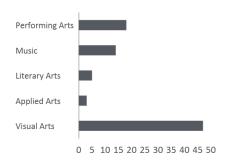
Online survey (76 responses)



In-depth individual interviews (17 practitioners)

art forms // arts practice

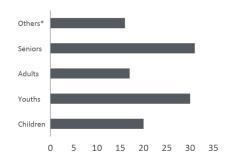
Visual Arts



target groups

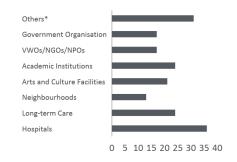
Older Adults

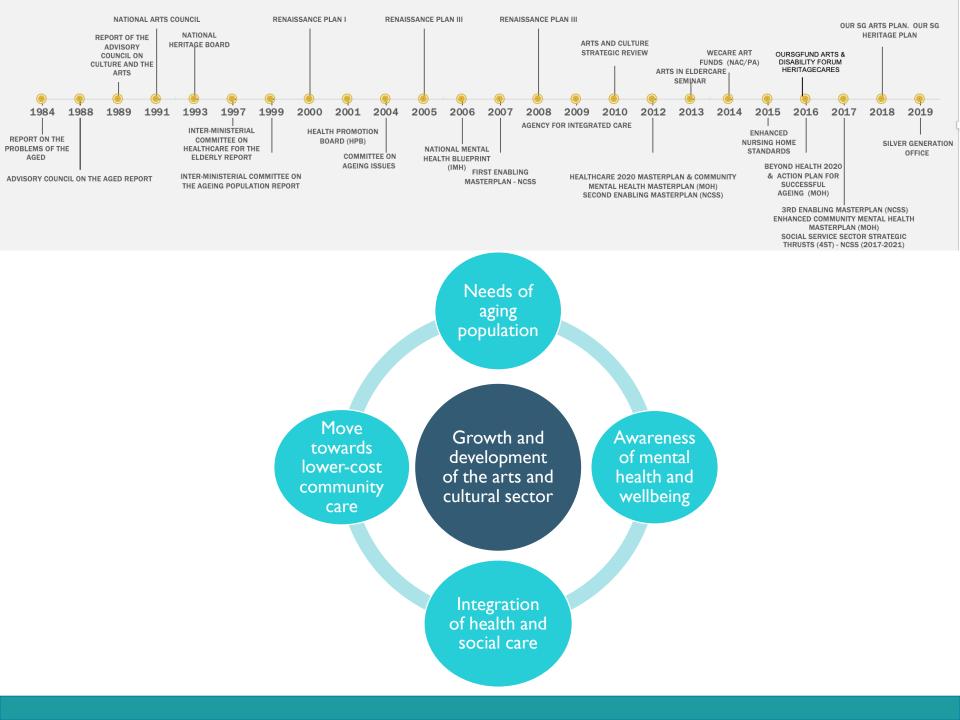
most common



context of practice

Hospitals





Illustrative Journey With The AIC

2014

Introduction of AIC Wellness Programme

• Partnership with NAC to introduce the arts and into nursing homes, equipping healthcare professionals to conduct activities to enhance the client's wellbeing.

2017

Arts Residency in nursing homes under AIC Wellness Programme

• Residency programme aims to provide opportunities for artists to engage communities in a non-arts-based setting

Collaboration of National Heritage Board's (NHB) The Peranakan Museum (TPM)

• Museum-based activities for senior participants to reminisce and share memories.

2015

Launch of Sparks! Arts for Wellness Toolkit

• A joint initiative of NAC and AIC for social and healthcare practitioners to acquire new ideas and implement interesting and sustainable arts programmes that can be run independently at Community Care facilities.



The Sector is Vibrant and Diverse

Practice

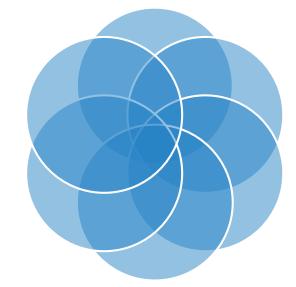
- Healthcare Sector
- Creative Therapy
- Arts and Cultural Sector

Policy

- Community Care
- Arts and Culture
- Health

Platforms

- Events
- Associations



Research

- Academic
- Non-academic

Funding

- Government
- Philanthropy

Capacity Building

- Formal
- Informal

Understanding Remains to Be Built



Current landscape can afford more "health talk" to the arts and cultural community, and more "art talk" happening in the health and social care sector

- Growing awareness of the field
- But comprehension remains uneven
 - Example : Arts therapy vs therapeutic arts, and the relevant professional qualifications
- Chain of consequences
 - Compromises to participant safety and satisfaction
 - Unmet or unfair expectations from various sets of stakeholders
 - Barriers to project inception, planning and development

Intrasectoral Support Is Still Young

- In spite of increasing professional groups and events, stakeholders still expressed a "solitary" feeling
 - Example; Despite more arts in hospital programmes, administrators rarely interact. Similarly, ways for arts and cultural sector administrators to interact and share have been limited.
- Existing platforms provide more adhoc opportunities for showcasing, not growing a dedicated CoP
- Other formal resources such as directories are lacking or limited



Supply/Pipeline Needs Development

'We definitely don't have enough practitioners to do this work. And it will seem I suspect that demand actually outstrips supply.'.



"not all artists can work in community / healthcare settings"

- More courses, but existing training still largely focuses on technical and professional development of fine artists / designers
- Lack of artists with skills, training and disposition
- Many shared that they developed their skills while on-the-job but such opportunities are limited

Long-Term Sustainability ?

- Immediate funding sources for initial collaboration and pilots are adequate
- But LT sustainability is questioned
 - Projects often rely on mixed sources of funding and resourcefulness
 - Artists often asked to work pro bono or for token sum.
- Limited specific self-help tools
 - Example: NAC provides resources but not remuneration guide for artists.
 - Few support platforms for artists to share their frustration and challenges leading to isolation and burnout



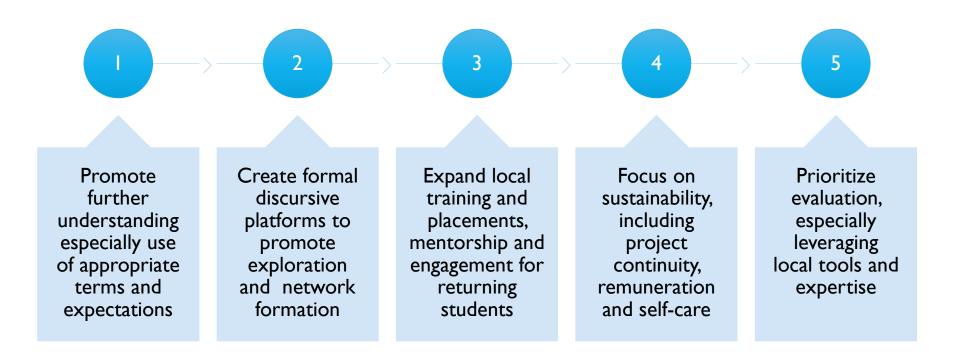
Impact Has Not Yet Been Proven

 Showing impact is critical for funders and policy but current evidence is not rigorous enough to demonstrate value and support strong buy-in



- Strong financial and non-financial barriers to evaluation culture
 - Lack of non-programmatic funding
 - Ground complexities and logistical difficulties
 - Limited capability and bandwidth as well as attitudinal resistance amongst some artists

Setting A Course For The Future



Thank you!

Arts in the Hospital Setting

