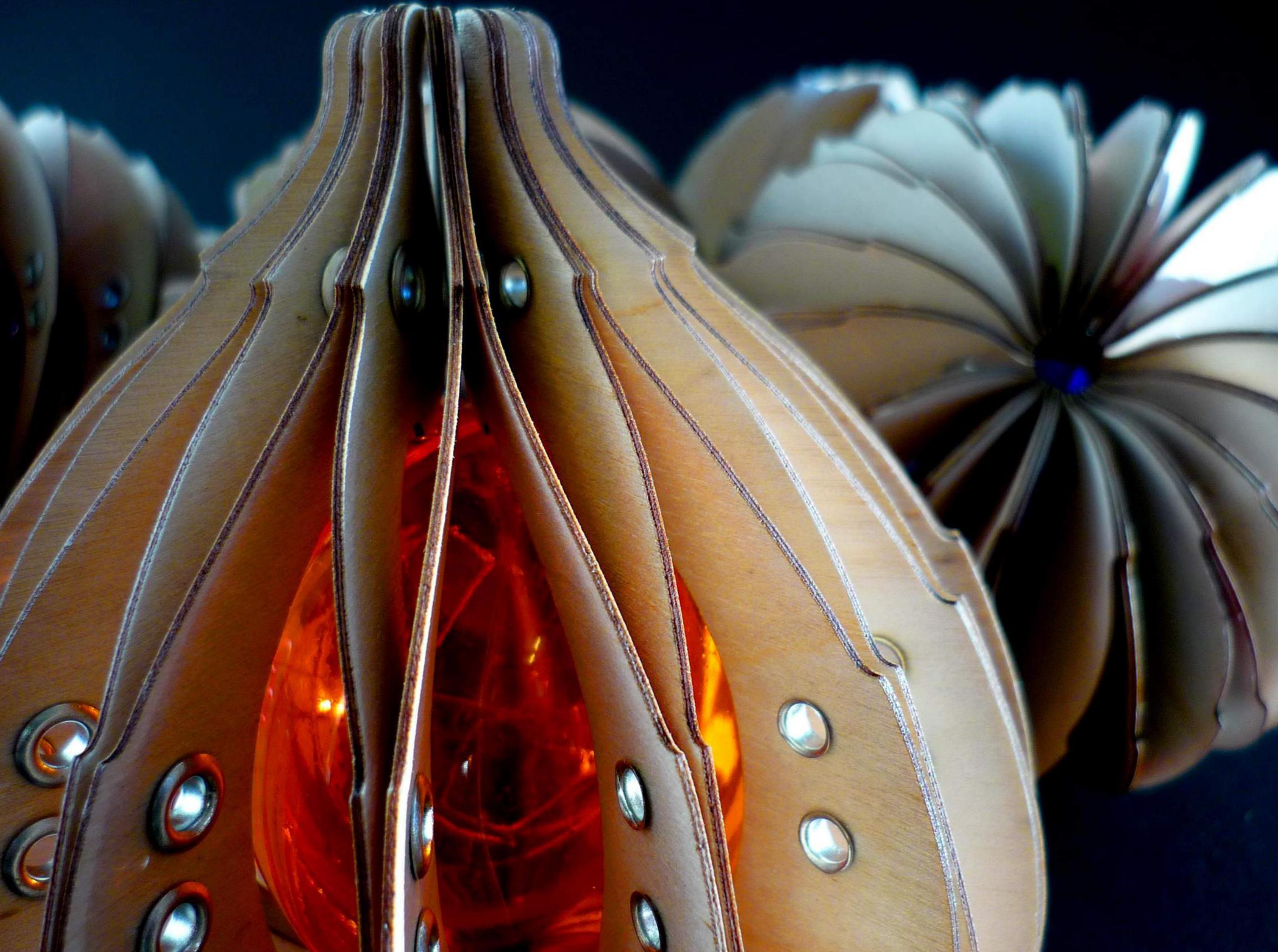


# **Dementia & Imagination**

**Arts as Inspiration - Artists as Researchers**

**DISINHIBITION ALLOWS  
THE IMAGINATION  
TO FLOURISH**







Wynebau Lion ... Traed yn Dawasio  
Happy Faces ... Dancing Feet



**Talking**

**with**

**People**

**What are the ingredients  
of an effective  
arts intervention?**

**What are the ingredients  
of an effective  
arts intervention?**

**How do these arts  
interventions influence  
wellbeing?**

# Three Research Sites

**Three Research Sites**

**#1 Residential Care**

**Three Research Sites**

**#1 Residential Care**

**#2 NHS Hospitals**

# **Three Research Sites**

**#1 Residential Care**

**#2 NHS Hospitals**

**#3 Community Venues**

**15 people**

**15 people**

**One 2-hour**

**session each week**

**15 people**

**One 2-hour**

**session each week**

**4 x 12 week blocks**

**15 people**

**One 2-hour**

**session each week**

**4 x 12 week blocks**

**= 48 x 2 hour sessions**

**in each research site**

leather belonged  
a free bird\*

The sounds of the  
in the fields in York  
when I was a GO



**271**



A hand with purple-painted nails holds a glowing green, translucent orb. The orb has a bright, circular light source inside, creating a lens flare effect. The background is dark, making the green glow stand out. Overlaid on the right side of the orb is a list of four psychological concepts in white, bold, sans-serif font.

**Attention**  
**Pleasure**  
**Interest**  
**Self Esteem**





**£1 = £5.18**



**Everyone has the right  
to freely participate  
in the cultural life of the  
community and  
to enjoy the arts**

# DEMENTIA & IMAGINATION

Research Informed Approaches  
to Visual Arts Programmes



# Understanding



# Understanding

# Structure



**Understanding**

**Structure**

**Social Connections**



**Understanding**

**Structure**

**Social Connections**

**Safe & Supportive Physical & Psychological Environment**



**Understanding**

**Structure**

**Social Connections**

**Safe & Supportive Physical & Psychological Environment**

**Development, Values & Communication Skills**



**AESTHETICS**

**BEAUTY**

**POETRY**

**LOVE**

## Dementia and Imagination: a mixed-methods protocol for arts and science research

Windle G, Newman A, Burholt V, et al, BMJ Open 2016

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Carys Jones, PhD, Gill Windle, PhD, Rhiannon Tudor Edwards, DPhil

The Gerontologist, Volume 60, Issue 1, February 2020, Pages 112–

123, <https://doi.org/10.1093/geront/gny147>

The impact of a visual arts program on quality of life, communication, and well-being of people living with dementia: a mixed-methods longitudinal investigation

Windle G, Joling KJ, Howson-Griffiths T, et al. Int Psychogeriatr. 2018;30(3):409-423.

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Clive Parkinson, Katherine Taylor, Gill Windle,, Manchester Metropolitan University, 2017. ISBN 9781842201527

<https://www.artsforhealth.org/resources/dementia-and-imagination.pdf>

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[www.artsforhealth.org](http://www.artsforhealth.org)